



Breakfast

Served until 11am weekdays

Micro-Greens Omelet 12
organic tomatoes / feta / serrano peppers / micro greens

Truffled Eggs Sandwich 12
gruyere / truffle oil / avocado / wild mushrooms

Breakfast Sandwich Ciabatta 10
scrambled eggs / fontina & cheddar / pesto / bacon

Spinach Scramble 11
sautéed spinach / gruyere cheese / whole grain toast

Egg Hash 13
choice of: ham, bacon or turkey
choose your egg style
potatoes / onions / red & serrano peppers / eggs / cheese

Scrambled Eggs 10
choice of: applewood bacon or avocado / whole grain toast

Breakfast Burrito 10
scrambled eggs / bacon / tomatillo-avocado salsa
potatoes / cheddar

Kumquat Avocado Toast 7
kumquat / avocado mash / toast

Make Your Own Salad starts at 8

Choose Greens:

romaine / wild baby arugula / mixed field greens

Choose a Dressing:

balsamic / truffle / champagne / herb vinaigrette /
sweetsalt / pear

Choose your Toppings: .50 ea.

artichokes / roasted carrots / bacon / roasted beets /
blue cheese / cucumbers / dried cherries / grapes / grilled
corn / tomatoes / red onions / roasted peppers / alfalfa
sprouts / sun dried tomatoes / fennel / kalamata olives
1.00 ea.: wild mushrooms / fresh mozzarella / goat / feta
2.50: avocado / 3.00: burrata Protein: chicken 4
prosciutto 3 / turkey 3 / salmon 6 / duck 5 /
short rib 8

Sides

Brussels sprouts 5 Avocado 4
Side of Salmon 8 Plain quinoa 5

Soups

Small soup 4 Large soup (available to-go only) 8

Salads

Add: salmon 6 ; chicken 4 ; steak 5 ; short rib 8

Burrata, Tomato & Bacon 12
bacon with shallots / burrata cheese / heirloom tomatoes
arugula / cherry reduction

Pear & Pomegranate 12
fresh pear / pomegranate seeds / candied walnuts / kale & cabbage /
romaine / fennel / bleu cheese / pear vinaigrette
add prosciutto: 3

Chicken Almond Salad 14
pulled chicken / celery / onion / mint / almonds / lemon zest / tomatoes
almond dressing / romaine

Truffle Grapefruit 14
beech mushrooms / fennel / grapefruit segments / sottocenere cheese /
mixed greens / truffle vinaigrette

Spicy Quinoa 12
white quinoa / tomatoes / cucumber / olives / feta cheese
serrano peppers / parsley / arugula / sweetsalt dressing
add salmon: 6

Kale & Wild Rice 11
raw kale / wild rice & wheat grains / carrots / cabbage / romaine
parmesan / dried cranberries / pine nuts / sweetsalt dressing

Champagne Chicken Salad 12
pulled chicken / grapes / celery / cucumber / shallots
champagne & goat cheese dressing / romaine shoots

Chicken & Bacon Lettuce Cups 12
grilled chicken / applewood bacon / corn / avocado / alfalfa sprouts
cheddar / sweetsalt dressing / baby iceberg

Curry Cauliflower 12
curried roasted cauliflower / golden raisins / haricot vert
endive / mixed greens / sweetsalt dressing
add salmon: 6

Salmon & Haricot Vert 14
haricot vert / endive / fennel / almonds / grapefruit segments
pulled baked salmon / romaine / orange walnut vinaigrette

Tossed Sautéed Quinoa starts at 8

Protein Toppings:

chicken 4 / duck 5 / steak 5 / salmon 6 / short rib 8

Toppings:

.50 each: dried cranberries / artichokes / sun-dried tomatoes / roasted
pepper / grilled corn / braised onions / brussels sprouts / tomatoes /
wild arugula / fennel / beets
1.00 each: pine nuts / wild mushrooms

Ready to Go

Mexican fruit salad with tajin 6
Greek Salad 8

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www.sweetsaltfood.com / twitter & instagram: sweetsaltfood



Sandwiches, Etc.

served with a side of mixed greens with sweetsalt dressing

Brussels Sprouts & Kale Tacos	12
brussels sprouts leaves / artichokes / chipotle-lime white bean / tomatillo avocado salsa / kale & cabbage slaw add chicken \$4 add pulled salmon \$4	
Crispy Lobster Tacos	17
maine lobster / aioli / dill / grapefruit & orange segments / tomatoes / crispy corn tortilla	
Salmon & Sautéed Wild Rice	16
salmon / wild rice & wheat grains / carrots / dried cranberries / pine nuts	
Truffled Proscuitto & Fig	14
sliced proscuitto ham / sottocenere cheese / arugula / truffle oil / fig preserves / extra virgin olive oil / baguette	
Buffalo Chicken Wrap	11
grilled chicken / hot wing sauce / blue cheese / crumbled chips / arugula / onion & celery mirepoix / flour tortilla	
Spicy Chicken Sandwich	12
grilled chicken / roasted tomato / chile arbol spread / avocado / aioli / pickled cucumber & onion / ciabatta	
Steak & Brie	14
grass-fed steak / chimichurri / brie cheese / roasted garlic puree / arugula / braised onion / ciabatta	
Shrimp Po' Boy	13
cajun seasoned shrimp / chimichurri / crumbled chips / spicy aioli / lettuce / tomato / ciabatta	
Turkey, Bacon, Avocado	13
sliced turkey / applewood bacon / avocado / wild arugula / whole grain mustard / sharp cheddar / ciabatta	
Truffle Chicken	12
grilled chicken / gruyere cheese / wild mushroom / truffle aioli / fresh herbs / tomato / ciabatta	
Lavender Duck Confit	13
pulled duck confit / braised onions / goat cheese / lavender oil / honey / alfalfa sprouts / ciabatta	
Caprese	11
fresh mozzarella / tomato / basil / olive oil & balsamic reduction / ciabatta add serrano ham \$3	
Pesto Chicken Panini	12
grilled chicken / fresh mozzarella / pesto / wild arugula / ciabatta	
Spicy Asian Chicken Wrap	12
grilled chicken / cabbage / shaved carrots / red pepper / mint / onion / serrano pepper / asian dressing	
Grilled Cheese	10
gruyere / fontina / white cheddar / sourdough bread add: tomato \$1 bacon \$2 turkey \$3 wild mushrooms \$2	
Short Rib Roll	14
braised short rib / braised onions / goat cheese / roasted garlic / wild arugula / brioche bun	

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